

Take a natural snapshot



Awaken your senses



Under 15 mins

What to do

Find something amazing that you would like someone to see. It may be a view, a tree, a flower, a cloud.

Ask them to close their eyes.

Put your hands on their shoulders and guide them to just the right place so that when they open their eyes, it will be right in front of them.

Ask them to open their eyes.

Can they show you something amazing?

Things to think about

- What did you choose to show? Why?
- When someone showed you the view they had chosen how did it make you feel?

